

9th INAS World Athletics Championships 2013

FINAL PROGRAM

Day	Track (running events)	Field (jump events)	Field (throw events)
11. 6.			
15:00	10000m men FINAL	Long Jump men Qualif. Pool A	
16:15	100m men Heats		
16:20		Long Jump men Qualif. Pool B	
16:35	10000m men Medal Ceremony		
16:40	100m women Heats		
17:00	400 m Hurdles men FINAL		
17:15	400m Hurdles women FINAL	Long Jump women Qualif. Pool A	
17:30	1500m men Heats		
17:45			
17:55	400m Hurdles men Medal Ceremony		
18:00	1500m women FINAL		
18:15	100m men FINAL	Long Jump women Qualif. Pool B	
18:20	100m women FINAL		
18:30	400m Hurdles women Medal Ceremony		
18:35	1500m women Medal Ceremony		
18:40	100m men Medal Ceremony		
18:45	100m women Medal Ceremony		
19:00			

Day	Track (running events)	Field (jump events)	Field (throw events)
12.6.			
15:00	400m men Heats	Long Jump men Final	Shot Put men Final
15:20	400m women Heats		
16:00	Walk 5000m women + men FINAL		
16:30			Shot Put women Final
16:45	5000m women FINAL		
16:55		Long Jump men Medal Ceremony	
17:00		Long Jump women Final	
17:10		Pole Vault men Final	Shot Put women Medal Ceremony
17:15	Walk 5000m women+men Medal Ceremony		
17:40	110m Hurdles men FINAL		
17:55			Shot Put men Medal Ceremony
18:10	100 Hurdles women FINAL		
18:20	5000 women Medal Ceremony		
18:25		Long Jump women Medal Ceremony	
18:30		Pole Vault men Medal Ceremony	
18:35	110m Hurdles men Medal Ceremony		
18:40	100m Hurdles women Medal Ceremony		

Day	Track (running events)	Field (jump events)	Field (throw events)	Field (jump events)
13.6.				
15:00	110m Hurdles men Heptathlon	Hammer Men FINAL		
15:20	100m Hurdles women Heptathlon			
15:45	200m men Heats			High Jump Men Heptathlon
16:00		Hammer Women FINAL	High Jump Women Heptathlon	
16:20		Hammer Men Medal Ceremony		
16:30	3000m women FINAL			
17:15		Hammer Women Medal Ceremony		
17:20			Shot Put Men Heptathlon	
17:30	1500m men FINAL			
17:40	3000m women Medal Ceremony			
17:45	400m men FINAL			Shot Put Women Heptathlon
18:00	400m women FINAL			
18:10	200m men Heptathlon			
18:20	1500m men Medal Ceremony			
18:25	400m men Medal Ceremony			
18:30	200m women Heptathlon			
18:35	400m women Medal Ceremony			

Day	Track (running events)	Field (jump events)	Field (throw events)	Field (jump events)
14.6.				
15:00	200m men Heats	Long Jump men Heptathlon	Javelin men FINAL	
15:20	200m women Heats			
16:00	800m men Heats	Long Jump women Heptathlon		
16:15				Javelin men Heptathlon
16:40	4x100m men FINAL			
17:00	4x100m women FINAL			
17:15	3000m steeplechase men FINAL			Javelin women Heptathlon
17:35	4x100m men Medal Ceremony	Triple Jump men FINAL		
17:45	1500m men Heptathlon			
18:05	4x100m women Medal Ceremony			
18:10	3000m steeplechase men Medal Ceremony			
18:15	800m women Heptathlon		Javelin women FINAL	
18:30	200m men Semifinals		Javelin men Medal Ceremony	
18:35		Triple Jump men Medal Ceremony		

Day	Track (running events)	Field (jump events)	Field (throw events)	Field (jump events)
15.6.				
10:00	Heptathlon men Medal Ceremony	Triple Jump women FINAL	Discus men FINAL	High Jump men FINAL
10:05	Heptathlon women Medal Ceremony			
10:10	Javelin men Medal Ceremony			
10:15	800m men FINAL			
10:20	800m women FINAL			
10:30	200m men FINAL			
10:35	800m men Medal Ceremony			
10:45			Discus women FINAL	
11:05	200m women FINAL			
11:20	800m women Medal Ceremony			High Jump women FINAL
11:25	200m men Medal Ceremony			
11:30	5000m men FINAL			High Jump men Medal Ceremony
11:50		Triple Jump women Medal Ceremony		
11:55			Discus men Medal Ceremony	
12:00	4x400m men FINAL			
12:15	200m women Medal Ceremony			
12:20	5000m men Medal Ceremony			
12:30	4x400m women FINAL			
12:40	4x400m men Medal Ceremony			
12:45			Discus women Medal Ceremony	
12:50				High Jump women Medal Ceremony
12:55	4x400m women Medal Ceremony			